**Important**

If your doctor decides you or a caregiver can inject SIMPONI® at home, you should receive training on the right way to prepare and inject. **Do not** try to inject SIMPONI® until you have been shown the right way by your doctor or nurse.

When it is time to inject SIMPONI®, it is important to read, understand, and follow the instructions for use that come with your medication. This trainer guide is not intended to replace those instructions.

SmartJect® Reusable Trainer does not contain medication or a needle. SmartJect® Reusable Trainer allows you to practice giving yourself an injection multiple times.

As a reminder, the single-use SmartJect® autoinjector containing your SIMPONI® medication can only be used one time.

Please read the Medication Guide for SIMPONI® and discuss any questions you may have with your doctor.

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**Keep SIMPONI® SmartJect® and all medicines out of reach of children.**

**Need help?**

For additional questions about the injection process, please call Janssen Nurse Support at 877-MY SIMPONI (877-697-4676) or visit Simponi.com/Injection.

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**Your SmartJect® Reusable Trainer at-a-glance**

- **Cap**
  - For an actual injection: Do not remove the cap until you are ready to inject (See Step 2).
- **Security seal** (on side of cap)
- **Reset rod**
  - Only on SmartJect® Reusable Trainer
- **Green safety sleeve**
- **Clear cover**
- **Viewing window**
- **Raised part of button**
  - Press here only when SmartJect® is pushed firmly against your skin.
  - For an actual injection: Press button only when you are ready to inject (See Step 2).
1. Before an actual injection, you would:

**Take out SmartJect®**
Take SmartJect® out of the refrigerator and remove it from the carton. Place on a flat surface out of reach of children.
SmartJect® should sit at room temperature for **30 minutes** to ensure proper injection.
**Do not** warm any other way.
**Do not** shake SmartJect® at any time.
**Do not** remove the cap yet.

**Inspect SmartJect®**
Check the expiration date (‘EXP’) on the back of SmartJect®.
**Do not use SIMPONI® SmartJect® if the expiration date has passed.** Call your doctor or pharmacist for a refill.
Check the security seal on the cap.
**Do not** inject if the seal is broken.

**Check liquid in the SmartJect®**
After 30 minutes, check the liquid in the viewing window. It should be clear to slightly yellow and may contain tiny white or clear particles.
It is also normal to see a small air bubble.
**Do not** inject if the liquid is cloudy or discolored, or has large particles.

**Choose injection site**
Select from the following areas for your injection:
• **Front of thighs** (recommended)
• **Lower abdomen** (**do not** use the 2-inch area around your navel (belly-button))
• **Back of upper arms** (if a caregiver is giving you the injection)
Choose a different site within your preferred area for each injection.
**Do not** inject into skin that is tender, bruised, red, scaly or hard.
**Do not** inject into areas with scars or stretch marks.

**Gather supplies**
While SmartJect® sits at room temperature for 30 minutes, gather your supplies:
• 1 Alcohol swab
• 1 Cotton ball or gauze pad
• 1 Sharps container (See Step 3)

**Clean injection site**
Wash your hands well with soap and warm water.
Wipe your chosen injection site with an alcohol swab and allow it to dry.
**Do not** touch, fan or blow on the injection site after you have cleaned it.
2. Practice injecting using SmartJect® Reusable Trainer

Remove cap
Twist and pull to remove the cap.

Note: the security arrow shows where the security seal is located on the single-use Smart.Ject.

Position
Hold Smart.Ject® Reusable Trainer comfortably and position it straight onto your skin, as shown.
Make sure the green safety sleeve is flat against your skin and that your injection site is as flat as possible.
Do not touch or press the button while positioning the trainer onto your skin.

Push firmly
Push Smart.Ject® Reusable Trainer firmly against your skin so the green safety sleeve slides into the clear cover.
Do not touch or press the button while pushing trainer against your skin.

Press button and wait
Keep holding Smart.Ject® Reusable Trainer firmly against your skin. Use your other hand to press the raised part of the button to start your practice injection.
You will hear a loud 1st 'click' as you press the button. This is normal.

Listen for 2nd 'click'
Keep holding Smart.Ject® Reusable Trainer firmly against your skin until you hear the 2nd ‘click’ (3–15 seconds).
The 2nd ‘click’ means the practice injection is complete and you can lift the trainer from your skin.
If you have trouble hearing the ‘clicks’, count to 15 after pressing the button, then lift the trainer off your skin.
If the two ‘clicks’ are less than 3 seconds or more than 15 seconds apart, request a replacement Smart.Ject® Reusable Trainer from your doctor, or call SimponiOne® Support at 877-MY SIMPONI (877-697-4676).

Check the viewing window
After lifting Smart.Ject® Reusable Trainer from your skin, look for the yellow indicator in the viewing window to confirm the trainer worked properly. The yellow indicator will fill about half of the viewing window.

During an actual injection:
Dispose of the cap right away. It is important to inject within 5 minutes of removing the cap.
Do not put the cap back on, this may damage the hidden needle.
Do not inject if Smart.Ject® is dropped without the cap on.

During an actual injection:
Do not lift Smart.Ject® up yet! This may result in loss of medication.

After 1 press of the button, you do not need to keep pressure on the button.
Wait for the 2nd 'click' which means your practice injection is complete.

Simponi® golimumab
3. After an actual injection, you would:

**Reset trainer**
Align the two parts of the security arrow and push the cap firmly onto SmartJect® Reusable Trainer and twist slightly to secure. Keep your hands clear of the button to allow it to re-engage.

**Dispose of your SmartJect®**
Put your used SmartJect® in an FDA-cleared sharps disposal container right away after use.

- **Do not** throw away (dispose of) loose needles and syringes in your household trash.
- **Do not** recycle your used sharps disposal container.

**Need a disposal container?**
Call SimponiOne® Support at 877-MY SIMPONI (877-697-4676) or visit Simponi.com/SafeReturns to request your Safe Returns® disposal container.

**Check injection site**
There may be a small amount of blood or liquid at the injection site.

- **Hold pressure** over your skin with a cotton ball or gauze pad until any bleeding stops.
- **Do not** rub the injection site.
- If needed, cover injection site with a bandage.

**Helpful tips**

If you are having difficulty pressing the button:
- Make sure the cap is removed.
- Make sure SmartJect® Reusable Trainer is pushed **firmly** against your skin.
- Make sure you are pressing the **raised part of button**.
- Try pressing the button a little harder.
- Try a different injection site.

If you are pinching the skin to inject:
- Use 1 hand to both position SmartJect® Reusable Trainer against the skin and press the button.